

## Sample Daily Schedule

This is a sample schedule actual schedules vary by age group and class.

6:30-7:15	Free Play in centers
7:15-7:30	Transition time – clean up, wash hands, and prepare for breakfast.
7:30-8:00	Breakfast – children are free to leave the table and play after they have eaten.
8:00-8:15	Transitional times for classroom activities (children are activity involved in transitional type activities).
8:15-9:00	Circle time (calendar, weather, finger plays, songs, story, daily events)
9:00-9:35	Music or Creative movement, or outdoor play
9:35-10:15	Craft activity and theme discussion
10:15-11:00	Learning center activities
11:00-11:15	Clean up, use restroom, wash hands, prepare for lunch
11:30-12:00	Lunch
12:00-12:15	Clean up from lunch, restroom, and prepare for rest/quiet time
12:15-2:45	Rest time (children waking early may engage in quiet table activities)
2:45-3:00	Put cots away, restroom wash hands, prepare for snack
3:00-3:20	Snack time
3:20-4:20	Outdoor activities (if weather prohibits outdoor play, children will engage in large motor activities.)
4:20-6:00	Activities will vary according to age group and teacher preferences.