



**Community  
Coordinated  
Child Care**  
4-C



## Steps to Take

1. Gather as much information as possible.
2. Determine your family's needs in terms of hours, location, days of year, and transportation.
3. Determine what type of child care setting is best for your child.
4. Call 4-C for a list of regulated child care in your area specific to your family's needs.
5. Visit at least three places.
6. Then LOOK, LISTEN, and ASK.

**LOOK** for signs of quality.

**LISTEN** to the tones of teachers and for sounds of happy children.

**ASK** questions to dig a little deeper.

Community Coordinated  
Child Care (4-C)  
502-636-1358  
[www.4cforkids.org](http://www.4cforkids.org)

# Choose Quality Preschool Care

## The Basics of Quality Child Care

Good child care requires three important things, a well-trained, consistent caregiver, a setting that keeps your child safe and healthy, and an environment that enhances your child's physical, mental, emotional and social growth. Think about the kind of child care settings that will best fit the needs of your child, and be aware of the differences between regulated child care and unregulated child care.

## Observational Check List

- Regularly scheduled nutritious meals and snacks are provided and menus are posted.
- Indoor and outdoor spaces are clean and safe.
- Children and adults wash hands after toileting and before meals.
- Furniture and equipment are child-sized.
- Medicine and cleaning products are out of the reach of children.
- Rules are clear, simple, and consistent.
- Children are not expected to sit quietly or wait for long periods of time.
- Books, blocks, puzzles and other learning materials are available and within easy reach of the children.
- Outdoor play occurs daily; weather permitting.
- Each child has their own cot.
- Parents are welcome at any time, without prior notice.
- Caregivers respond quickly in a loving, gentle way.
- There is a daily schedule that makes children feel comfortable and secure.
- Parents and children are greeted upon arrival.
- Caregivers have training specific to the ages of children they care for.