

4-C PROFESSIONAL DEVELOPMENT CALENDAR

April-June 2024



Register online: www.4cforkids.com



**Community
Coordinated
Child Care**
4-C

WELCOME

About Us

Established in 1969 as a part of a pilot program, the 4-C goal was, and continues to be, to develop a comprehensive approach to coordinating child care services in the local community. For over 50 years, 4-C has supported and enhanced child care and continues its tradition of supporting families by coordinating a vision of a high quality early childhood system available to all children and families.

Our Vision

All children have equitable access to world-class early care and education.

Our Mission

Believing that child care is critical to social well-being and economic development, 4-C advocates for an equitable and innovative education system while supporting early childhood professionals who work to meet the needs of families and young children.

HELPFUL INFORMATION

Online Classes

4-C is here as a community resource to provide high quality professional development virtually. In order to deliver training that is both high quality and engaging we need your help. Please note that for all online classes, you must provide a valid email address when registering, have stable internet connection and email access at the time of the training. The sessions will be conducted via Zoom, and you will be required to participate via video and audio through a computer, phone, or tablet. Please enter the training session 5 minutes prior to the start time. Participants who log into the training more than 15 minutes late will not be provided with training credit but are welcome to stay and learn.

Cancellation Policies

Cancellations made at least 48 hours in advance will be issued credit for other 4-C training. Please note that no refunds will be issued.

4-C may cancel classes because of inclement weather or low enrollment.

In the event of a professional development session cancellation, credit will be issued to attend a class in the future. **All credits must be used within 90 days of cancellation.**







Training Workshop Levels






Want to know how to select a workshop based on your current experience in child care and early childhood education? All the training workshop levels information is located on the ECE-TRIS website.


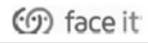


Supporting Kentucky All Stars-Core Content Areas

Early Childhood Core Content is the foundation for determining training content, and competency standards for professional performance. The Core Content (CC) areas are: (1) Child Growth & Development; (2) Health, Safety & Nutrition; (3) Professional Development & Professionalism; (4) Activities & Materials/Learning Environment; (5) Child Assessment; (6) Learning Environments & Curriculum. These areas are listed for each session that we offer.

All of the Professional Development workshops offered by 4-C are in alignment with the KY Early Childhood Standards for Early Childhood Development and Curriculum Planning.

Date	Time	4-C Professional Development Calendar January-March 2024 Title and Class Description	Credit Hours	Member Price	Non- Member Price	Training Type
4/10	12:30-2:30PM	Director Essentials: Enhancing Parent Engagement in Early Childhood Education – A. Kinser In this training, directors and administrators will understand the importance of parent engagement and recognize parents' critical role in a child's early development. The participants will learn practical strategies and tools to enhance engagement with parenting adults to foster collaborative relationships, ultimately contributing to a more holistic and supportive early childhood education experience for children. Level 2 CDA 4 CC 6 Audience - ALL	2	Free	Free	Webinar
 Free workshop sponsored by the Jefferson Co. Regional Collaborative.						
4/13	9:00AM-3:00PM	Orientation For Early Care and Education Professionals - A. Kinser Overviews of abuse/neglect, developmentally appropriate practices, health & safety. Successful completion of this course satisfies the Division of Child Care's (DCC) new regulatory requirement for each center to ensure that every staff member has received training on first aid and cardiopulmonary resuscitation (CPR) Level 1 CDA 1,2,3,8 CC 1,2,4 Audience-All	6	Free	Free	In Person @ 4-C, 908 S. 8th St.
 Free workshop sponsored by the Jefferson Co. Regional Collaborative.						
4/15	4:30-6:30 PM	Inclusive Physical Activities for Young Children—L. Walker Learn to create environments that help young children with disabilities develop their movement skills in a natural setting while playing with typical peers. These physical activities need only inexpensive equipment and small spaces, can accommodate children of various ages and abilities, can be done by families at home, and are fun. Level 2 CDA 2 CC 4 Audience- All	2	Free	Free	Webinar
 Free workshop sponsored by the Jefferson Co. Regional Collaborative.						
4/23	4:30-6:30PM	Prevention and Reporting Child Abuse and Neglect – T. Kite-Hannon This training will focus on understanding and recognizing the signs of child abuse and neglect, including Shaken Baby Syndrome and the TEN-4 Bruising Rule. Level 2 CDA 2 CC 4 Audience – All	2	Free	Free	Webinar
Free workshop sponsored by The Kosair Charities Face-It Movement. 						
4/30	4:30-6:30PM	The Importance of Big Body Play – C. Pearce In this training, we will explore the immense importance of Big Body Play and how it positively impacts various aspects of a child's growth, including cognitive, social, emotional, and physical domains. Level 1 CDA 2 CC 1 Audience- All	2	\$15	\$25	In Person @ 4-C, 908 S. 8th St.
5/7	6:30-8:30PM	Strengthening Families – Parental Resilience – L. Walker This training will go in depth about building parental resilience, which is one of the 6 protective factors of the Strengthening Families model. Strengthening Families is a strength-based approach that guides us in working to support the development of the family. Level 2 CDA 4 CC 6 Audience- All	2	Free	Free	Webinar
Free workshop sponsored by The Kosair Charities Face-It Movement. 						
5/8	12:30-2:30PM	Director Essentials: Guiding Educators on Using the Pyramid Model to Address Challenging Behaviors – A. Kinser This training will focus on utilizing the Pyramid Model by CSEFEL. Participants will learn about the underlying meanings of challenging behaviors and explore the vital role of preventive strategies in meeting the social and emotional needs of all children. Level 2 CDA 3 CC 4 Audience-Directors	2	Free	Free	Webinar
 Free workshop sponsored by the Jefferson Co. Regional Collaborative.						

Date	Time	4-C Professional Development Calendar January-March 2024 Title and Class Description	Credit Hours	Member Price	Non-Member Price	Training Type
5/16	6:00-8:00PM	Well-Balanced Beginnings: Navigating Food and Nutrition in Early Childhood – A. Kinser This engaging and informative training is for early childhood educators, directors, and administrators, it will provide essential knowledge and practical strategies to foster a healthy and well-balanced approach to food and nutrition in the early childhood education setting. Level 1 CDA 1 CC 2 Audience-All	2	Free	Free	In Person @ 4-C, 908 S. 8th St.
 Free workshop sponsored by the Jefferson Co. Regional Collaborative.						
5/20	6:00-8:00 PM	Pediatric Abusive Head Trauma, Child Physical Abuse, and Safe Sleep – C. Pearce Training objectives are to review the statistics of abusive head trauma; to define and describe abusive head trauma and its associated injuries; to discuss risk factors and prevention, and to understand the outcomes for victims. Level 1 CDA 1 CC 2,4 Audience-All	2	Free	Free	Webinar
 Free workshop sponsored by the Jefferson Co. Regional Collaborative.						
5/23	6:00-8:00 PM	The Importance of Mental Health in Early Childhood – A. Black Training will provide attendees with knowledge to understand the importance of mental health in young children, warning signs of mental illness, and ways to create a supportive environment for young children's emotional well-being. Level 1 CDA 3 CC 1 Audience-All	2	Free	Free	In Person @ 4-C, 908 S. 8th St.
Free workshop sponsored by The Kosair Charities Face-It Movement. 						
6/3	6:00-8:00 PM	Enhancing Early Childhood Assessment Skills with the Four-Step Cycle - D. Hancock In this training, early childhood educators will be introduced to a comprehensive four-step assessment cycle. Upon completion of this session, educators will be equipped to adeptly observe, analyze, and evaluate within a developmentally appropriate framework. These essential skills enable educators to tailor their plans to the unique needs of each child and inform classroom instruction, ensuring a more comprehensive and effective approach to child assessment. Level 2 CDA 7 CC 5 Audience-All	2	Free	Free	In Person @ 4-C, 908 S. 8th St.
 Free workshop sponsored by the Jefferson Co. Regional Collaborative.						
6/6	6:00-8:00 PM	Creating a Child-Centered Learning Environment – M. Leon-Diaz Participants will learn more about how to create an environment that encourages curiosity and learning. Additionally, educators will gain ideas for offering invitations to play that support the development and learning of the children they serve. Where the main role of the environment is for children to feel safe and free to explore. Level 2 CDA 2 CC 4 Audience-All	2	\$15	\$25	In Person @ 4-C, 908 S. 8th St.
6/8	9:00AM-3:00 PM	Orientation For Early Care and Education Professionals - A. Kinser Overviews of abuse/neglect, developmentally appropriate practices, health & safety. Successful completion of this course satisfies the Division of Child Care's (DCC) new regulatory requirement for each center to ensure that every staff member has received training on first aid and cardiopulmonary resuscitation (CPR) Level 1 CDA 1,2,3,8 CC 1,2,4 Audience-All	6	Free	Free	In Person @ 4-C, 908 S. 8th St.
 Free workshop sponsored by the Jefferson Co. Regional Collaborative.						

Date	Time	4-C Professional Development Calendar January-March 2024 Title and Class Description	Credit Hours	Member Price	Non-Member Price	Training Type
6/12	12:30-2:30PM	Director Essentials: Supporting Early Childhood Educators Through Team Building, Professional Development Plans, and Appreciation – A. Kinser This training is designed to educate directors on how to support and uplift these educators through a holistic approach encompassing team building, professional development, and appreciation. By investing in the professional development and well-being of educators, we aim to foster a positive and enriching early childhood education experience for both educators and the children in their program. Level 1 CDA 5 CC 7 Audience-Directors	2	Free	Free	Webinar
 <p>Free workshop sponsored by the Jefferson Co. Regional Collaborative.</p>						
6/13	4:30-6:30PM	Trauma Informed Care and Building Resiliency in Young Children – T. Kite-Hannon This session will focus on trauma informed care, to provide educators with skills to empower children, to cope with trauma and build resiliency while supporting a foundation of social emotional skills. By the end of the session, educators will be able to provide care with a trauma informed lens that provides a sense of safety while promoting problem solving confidence. Level 1 CDA 3 CC 1 Audience-All	2	Free	Free	Webinar
<p>Free workshop sponsored by The Kosair Charities Face-It Movement.</p> 						
6/25	6:00-8:00 PM	Enhancing Parent Engagement in Early Childhood Education – A. Kinser In this training, educators will understand the importance of parent engagement and recognize parents' critical role in a child's early development. The participants will learn practical strategies and tools to enhance engagement with parenting adults to foster collaborative relationships, ultimately contributing to a more holistic and supportive early childhood education experience for children. Level 1 CDA 4 CC 6 Audience- All Staff	2	Free	Free	In Person @ 4-C, 908 S. 8th St.
<p>Free workshop sponsored by the Ready for K Alliance</p> 						
6/27	6:00-8:00 PM	Fostering Social-Emotional Skills in Early Childhood – A. Black This training aims to equip participants with the knowledge and skills to promote healthy social-emotional development in young children. Participants will learn about the importance of social-emotional skills, emotional regulation techniques, attachment styles, and relationship skills, and how to apply the content of the training into their own early childhood environments. Level 1 CDA 3 CC 1,4 Audience-All	2	Free	Free	In Person @ 4-C, 908 S. 8th St.
 <p>Free workshop sponsored by the Jefferson Co. Regional Collaborative.</p>						

TRAINING AT YOUR CONVENIENCE

Choose from dozens of options to do your training when and how you want.

Designed for staff who enjoy working on their own at home or in the classrooms, our Independent Learning is a library of professional development for you to explore. Whether you prefer to watch videos, read articles, or read a book, our eCourses have something for you. Simply choose from the options and register online for it at <https://www.4forkids.org/training/independent-learning/> just like you would for an in-person workshop.

We have a library of options to choose from in two different categories of learning.

- eCourses – Multi-modal online learning modules – including lectures, videos, hands-on activities, reading, written assignments, and podcasts.
- New! Book Study and eCourse – Read a book from our extensive catalog of titles and complete a related

4-C CUSTOMIZED PROFESSIONAL DEVELOPMENT

Our credentialed trainers have a wide variety of experience both inside and outside the classroom. To schedule a customized on-site training, you can select one of the topics we commonly teach or speak to one of our specialists about tailoring a training to meet your specific needs. We will develop a training for your program at a time that is convenient for you and your staff. If interested in scheduling an on-site training for your staff, visit www.4cforkids.org or call Jennifer Pruitt at 502-618-5668.



Training Topics:

- Learning Through Play
- Social/Emotional Learning
- Outdoor Environments
- Family Engagement
- Art Experiences
- Early Literacy and Math
- Reflective Practice
- Observation and Documentation
- Developmental Screening
- Schemas and Brain Development
- Loose Parts and Open Ended Play
- Team Building and Communication
- Introduction to Creative Curriculum

4-C PROFESSIONAL MEMBERSHIP

Membership Fees:

- \$40 Annual Fee—Individual
- \$85 Annual Fee—Single Center

Name: _____

Organization Name: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

You can purchase your membership online www.4cforkids.org or complete the form below and return with your payment to Community Coordinated Child Care, 908 S. 8th Street, Suite 100, Louisville, KY 40203.